



## YOUTH AND FAMILY WELLNESS COMMITTEE

### ABOUT US

The Youth and Family Wellness Committee of the Desert Sierra Health Network is comprised of a strong group of individuals and organizations in Inyo, Riverside and San Bernardino Counties, from various sectors of the community, who are dedicated to combating childhood overweight and obesity. The committee provides opportunities to network, share resources, learn about current childhood overweight issues and to become engaged in prevention efforts.

### MISSION

We passionately promote youth and family wellness through community empowerment, education, and resource referrals to combat obesity and encourage lifelong health.

### MEMBERSHIP

Alvord Unified School District American Cancer Society American Heart Association Arrowhead Regional Medical Center Beaver Medical Group California Diabetes Program City of Montclair City of San Bernardino	Colton Community Services Community Hospital of San Bernardino Cucamonga School District Dairy Council of California Diabetes Health Center First 5 San Bernardino Global Economic & Workforce Development Coalition Health Net of California	Healthy Ontario Inland Empire Health Plan Kaiser Permanente Kids Come First Community Clinic Loma Linda University-Growing Fit Program National Health Foundation Network for a Healthy California— Children's Power Play! Campaign Preschool Services	Project LIFT-Quail Valley Healthy Communities Riverside County, Dept. of Public Health Riverside County Office of Education Riverside Unified School District Riverside YMCA San Bernardino City Unified School District San Bernardino County, Dept. of Public Health	San Bernardino County Superintendent of Schools Southeast Asian People's Farm Project Val Verde Unified School District Vines of Life Solutions, Inc. Volunteers of America, Early Head Start Xrtainment Zone Yucaipa-Calimesa Joint Unified School District
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**If interested in becoming a member or for questions please contact:**

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